

DIPLOMAT FALL DEVELOPMENTAL MEET  
OCTOBER 19, 2014

<b>MEET HOST</b>	DIPLOMAT SWIM CLUB		
<b>SANCTION</b>	Held under the sanction of USA Swimming and Middle Atlantic Swimming. <b>Sanction #</b> MA 1570 V <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
<b>MEET DIRECTOR</b>	HEATHER UHLIN	<b>E-MAIL:</b> meet_director@diplomatswimclub.org	<b>PHONE:</b> 717-201-0975
<b>LOCATION</b>	<b>Pool name</b> KUNKLE AQUATIC CENTER <b>Street address</b> 929 HARRISBURG PIKE <b>City, state and zip</b> LANCASTER, PA 17604-4306 <b>Day of meet ONLY emergency phone</b> 717-399-4524		
<b>FACILITY DESCRIPTION</b>	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 8 lanes for competition, a Colorado timing system with a 16 line scoreboard and Adolph Keiffer Wave Eater lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for 550 and spectator seating for 400. Parking free parking large lot next to building Hospitality limited hospitality for coaches & refs on deck. Snack bar Food & drink available through vending machines or outside pizzeria & restaurants.		
<b>POOL CERTIFICATION</b>	The competition course <input type="checkbox"/> has <input checked="" type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
<b>WATER DEPTH</b>	The depth of the water at the start end of the pool is 9' feet and at the turn end is 9' feet.		
<b>EVENTS</b>	This meet will be conducted in accordance with the attached schedule of events.		
<b>ENTRIES OPEN</b>	9/1/2014		
<b>ENTRY DEADLINE</b>	10/6/2014 at 11:59 PM		
<b>ENTRY FEES</b>	Individual Events: <b>\$5.00</b>		Relay Events: <b>\$10.00</b>
<b>ENTRY LIMITs</b>	5 Individual Events per day (excluding relays).	1 Relays per day	<b>MEET ENTRY LIMIT: 6</b>
<b>ELIGIBILITY</b>	All entrants must be registered members of USA Swimming. Age <b>as of the first day of the meet</b> determines eligibility. This meet is open to 10 & UNDER SWIMMERS AS DETERMINED BY THEIR AGE AS 10/19/14 USA swimming registered swimmers.		
<b>ON-SITE REGISTRATION</b>	On-site registration <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted at this meet. \$65/swimmer for 2014-2015 registration.		
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>• The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.</li> <li>• Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded YLM. NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted.</li> <li>• Entries must be submitted electronically in a format compatible with 5.0 meet management software.</li> <li>• All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information</li> <li>• Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's <a href="#">TM Lite</a> for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found <a href="#">here</a>.</li> <li>• <b>FINAL</b> entry payments and any necessary reports must be mailed or e-mailed to the entry chair by 10/10/14 Include <a href="#">Meet Entry Summary</a> with payment.</li> </ul>		
<b>MEET ENTRY CHAIR</b>	HEATHER UHLIN	<b>PHONE #:</b> 717-201-0975 (no calls before 9:00 AM or after 9:00 PM)	
<b>E-MAIL ENTRY FILES TO</b>	MEETDIRECTOR@DIPLOMATSWIMCLUB.ORG		
<b>MAIL CHECKS/ REPORTS</b>	1227 E NEWPORT RD. LITITS, PA 17543 C/O DIPLOMAT SWIM CLUB		
<b>CHECKS PAYABLE TO</b>	DIPLOMAT SWIM CLUB		
<b>SAFETY DIRECTOR</b>	ROMAO CARRASCO	<b>E-MAIL:</b> romaco@katieconcepts.com	<b>PHONE:</b> 717-799-5050
<b>OFFICIALS CONTACT</b>	JOE HERSHEY	<b>E-MAIL:</b> joe@hornafiusinsurance.com	<b>PHONE:</b>

GIRLS		BOYS
1	9-10 200 FREETYLE RELAY	2
3	8&UNDER 200 YARD FREESTYLE RELAY	4
5	9-10 50 FREESTYLE	6
7	8 YR OLD 25 YD FREESTYLE	9
9	7 YR OLD 25 YD FREESTYLE	10
11	6 YR OLD 25 YD FREESYLE	12
13	8 & UNDER 50 YD FREESTYLE	14
15	9-10 100 FREESTYLE	16
17	8 YR OLD 25 YD BACKSTROKE	18
19	7 YR OLD 25 YD BACKSTROKE	20
21	6 YR OLD 25 YD BACKSTROKE	22
23	9-10 50 BACKSTROKE	24
25	8 & UNDER 50 YD BACKSTROKE	26
27	9-10 100 IM	28
29	8&UNDER 100 YD IM	30
31	7-8 YR OLD 25 YD BREASTROKE	32
33	6YR OLD 25 YD BREASTSTROKE	34
35	8&UNDER 50 YD BREASTROKE	36
37	9-10 50 BREAST	38
39	7-8 YR OLD 25 YD BUTTERFLY	40
41	6 YR OLD 25 YD BUTTERFLY	42
43	8 & UNDER 50 YD BUTTERFLY	44
45	9-10 50 BUTTERFLY	46
47	8& UNDER 100 YD MEDLEY RELAY	48
49	9-10 200 YD MEDLEY RELAY	50

<b>DECK ENTRIES</b>	Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$10 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet 30 minutes before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
<b>PROOF OF TIMES</b>	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
<b>SEEDING</b>	This meet will be pre-seeded with the exception of the event(s) noted below.
<b>AWARDS</b>	Individual events : Ribbons 1st -8th      Relays: Ribbons 1st-3rd    Please pick up awards at conclusion of meet. Awards will not be mailed.
<b>SCORING</b>	n/a
<b>PROGRAMS AND ADMISSION</b>	Programs/heat sheets will be sold by <input checked="" type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be available. Admission is \$3/ programs \$2. Children under 8 yrs old admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
<b>MISCELLANEOUS</b>	

<b>SESSION</b>	<b>WARM-UP TIMES</b>	<b>MEET STARTS</b>
	Open Warm Up    starts @ 9am	10:15am
	2-3 lanes will be designated for 9-10's during warm up session.	
<b>WARM-UP INFORMATION</b>	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet.</p> <p>Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules</p>	

<b>DECK PRIVILEGES</b>	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Coaches must present their current USA Swimming registration card and keep it visible on deck at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>
<b>RACING START CERTIFICATION</b>	<p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. <b>A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</b></p>
<b>QUALIFYING TIMES</b>	<p>Qualifying Times (if applicable) are shown on the attached Meet Structure</p>
<b>MEET/DECK REFEREE</b>	<p>The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for <b>any</b> issues that arise that day during the course of the meet.</p>
<b>MEET MARSHALS</b>	<p>Meet Marshals have full authority through the Meet Referee &amp; Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.</p>
<b>RULES:</b>	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p><b>No unauthorized personnel will be allowed on the pool deck.</b> Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>
<b>DISABLED SWIMMERS</b>	<p>Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.</p>
<b>PROTESTS</b>	<p>A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator</p>
<b>PHOTOGRAPHY</b>	<p><b>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</b></p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
<b>DECK CHANGING</b>	<p>Except where the venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</p>
<b>DIRECTIONS</b>	<p>BALTIMORE, WASHINGTON, AND POINTS SOUTH - Take I-83 to exit 9 east, which becomes Rt. 30 East. Follow rt 30 east to Lancaster, and exit at the Harrisburg Pike exit. Turn right onto Harrisburg Pike and continue 1.5 miles to F&amp;M college. From Harrisburg Pike, turn left at the first. As you enter the parking lot, McGuiness Pool is located in the Alumni Sports and Fitness Center to your left.</p> <p>FROM HARRISBURG, PITTSBURG AND POINTS WEST - Take PA Turnpike to Harrisburg (exit 19) onto Route 283 towards Lancaster. Exit on Route 30 West and proceed to Harrisburg Pike exit. Turn Left onto Harrisburg Pike and</p>

	<p>continue 1.5 miles to F&amp;M College. From Harrisburg Pike, turn left at first traffic light. As you enter the parking lot, McGuiness Pool is located in the Alumni Sports and Fitness Center on your left.</p> <p>FROM PHILADELPHIA, SOUTH JERSEY AND POINTS EAST - Take PA Turnpike to the Reading-Lancaster exit. Take route 222 south to Route 30 west. Proceed to Harrisburg Pike exit. Turn left onto Harrisburg Pike and continue 1.5 miles to F&amp;M College. From Harrisburg Pike, turn left at first traffic light. As you enter the parking lot, McGuiness Pool is located in the Alumni Sports and Fitness Center to your left.</p>
<b>ACCOMODATIONS</b>	n/a